A Pre-Med Student’s Steps to Medical School

1. **College Freshman Year**
   - **Explore Your Options for Careers in Medicine**
     - Visit Aspiring Docs
     - Meet with an advisor
     - Attend pre-health meetings
     - Apply to summer programs
     - Explore financial aid options

2. **Summer**
   - **Get Some Experience**
     - Participate in enrichment programs
     - Volunteer or intern in the field

3. **College Sophomore Year**
   - **Stay on Track for Medical School**
     - Work with your pre-health advisor
     - Attend pre-health meetings
     - Volunteer/work in medically related field

4. **College Junior Year**
   - **Get More Experience and Look at Resources**
     - Get research or internship experience
     - Review AMCAS application process
     - Look into Fee Assistance Program
     - Review the MCAT registration process

5. **College Senior Year**
   - **Prepare for Medical School Interviews**
     - Consult with your advisor
     - Get interview tips from Aspiring Docs

6. **Register for the MCAT Exam**
   - Register early!
   - Use Medical Schools Admissions Requirements® to compare schools
   - Begin filling out AMCAS application

7. **Summer**
   - **Finalize and Submit Your AMCAS Application**
     - Continue with volunteer/work

8. **College Graduation**
   - **If waitlisted or rejected:**
     - Talk with your advisor
     - Consider a gap year or post-bac program
     - Explore at services.aamc.org/postbac/
   - **If accepted:**
     - Decide which medical school you want to attend
     - Complete FAFSA and financial aid forms

**Things to discuss with your advisor**
- Taking a gap or growth year
- Post-bac Programs
- When to take the MCAT exam
- Letters of recommendation
- Pre-med and other coursework

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**College Sophomore Year**
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- Attend pre-health meetings
- Volunteer/work in medically related field

**College Junior Year**
- Get research or internship experience
- Review AMCAS application process
- Look into Fee Assistance Program
- Review the MCAT registration process

**College Senior Year**
- Consult with your advisor
- Get interview tips from Aspiring Docs

**College Graduation**
- If waitlisted or rejected: Talk with your advisor
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**If accepted:**
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This infographic represents a basic timeline and steps toward medical school. Your advisor and AAMC resources can help guide you on your individual timeline and steps.

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